



INSTRUCTIONS

(ALL INCOMING SCHOLARSHIP, RECRUITED AND TRANSFER STUDENT-ATHLETES)

MEDICAL REQUIREMENTS

1. **MEDICAL DISCLOSURE AGREEMENT AND INSURANCE FORM**
[Read, Sign, Return and Retain a Copy for Future Reference]
2. **PERSONAL/FAMILY INSURANCE INFORMATION FORM**
[Complete, Sign and Return]
3. **YOUR PERSONAL/FAMILY INSURANCE CARD**
[Copy FRONT and BACK of Card, scan or mail]
4. **ATTEND GMU MEDICAL SCREENING. ATTENDANCE IS MANDATORY!**
(As scheduled per team for medical clearance. Physicals will not be provided after the assigned date.)

MEDICAL UPDATES AND REMINDERS

1. Incoming scholarship, recruited, and transfer student-athletes may obtain a physical from their family physician. Please use the GMU Medical History and Physical Form if you choose to obtain your own physical. Physicals must be completed after July 1, 2010. **All student-athletes must attend the GMU medical screening.** A physical will be provided free of charge at this medical screening.
2. The NCAA requires that all incoming freshmen student-athletes show proof of sickle cell trait testing (blood test) prior to participation in intercollegiate athletics. Those student-athletes who participate in cheerleading and dance are exempt as well as transfers who have previously begun their athletic eligibility. Incoming freshmen may obtain this test from their family physician. Please discuss the cost of this test with your physician and/or health insurance company. GMU cannot cover the cost of your private screening. GMU will provide the screening on campus free of charge for any student-athlete. **Incoming freshmen will not be allowed to participate without sickle cell trait test results cleared by a GMU team physician.** Please open the websites and review the educational information provided by the NCAA on sickle cell:

http://web1.ncaa.org/web_files/health_safety/SickleCellTraitforSA.pdf

http://web1.ncaa.org/web_video/health_and_safety/sickle_cell/sickleCell.html

3. The NCAA requires that all student-athletes sign a Medical Disclosure Agreement prior to participation in intercollegiate athletics. This agreement pertains to the importance of communicating all injuries including concussions and illnesses to the athletic training staff prior to further participation. Student-athletes and parents are asked to thoroughly read this agreement and the information pertaining to personal health insurance and the GMU secondary insurance policy. **Please read the agreement carefully and open the website to review the educational information provided by the NCAA on concussions:**

http://web1.ncaa.org/web_files/health_safety/ConFactSheetsa.pdf

VERY IMPORTANT
UNDER MEDICAL REQUIREMENTS – ITEMS 1 THROUGH 3 MUST BE COMPLETED, SIGNED AND RETURNED BY AUGUST 1, 2010

FOR QUESTIONS CONTACT: ATHLETIC TRAINING STAFF – (703) 993-3279

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